



Studierendenwerk  
München Oberbayern

University Gastronomy

## Organic Ingredients – Overview

The following food obtained by us is exclusively organic:

### Ingredients

milk fresh, at least 3.5%  
UHT milk, at least 3.5%  
yoghurt plain, at least 3.5%  
cream yoghurt Greek-style, 10%

spaetzle (without eggs) (dry goods)  
penne (dry goods)  
spaghetti (dry goods)  
farfalle (dry goods)  
rigatoni (dry goods)  
cornetti (pasta) (dry goods)  
rondelli ("drelli") (dry goods)  
fusilli (spiral pasta) (dry goods)  
lasagne sheets (dry goods)  
spelt pasta ("drelli") (dry goods)  
"fleckerl" (dry goods)  
soup pasta (dry goods)  
mie noodles (dry goods)  
kritharaki (pasta in the shape of grains of rice)  
(dry goods)

eggs\*, egg yolk\*, white of egg\* and whole egg\*  
\*in self-made dishes

### Ingredients

tofu plain and smoked  
soy strips fine and coarse  
hazelnuts  
cress

### Hot Beverages

coffee (beans and ground)  
  
milk and lactose-free milk (UHT milk 1.5%)  
  
oat drink barista (with soy)  
  
beverage powder containing cocoa  
  
tea: camomile, peppermint, "Früchte natur"  
(natural fruits), "Baroness Grey Tea", "English  
Breakfast", "Darjeeling Grün" (Darjeeling  
green) and „Rooibos Pure“

sugar sticks

### Products

spreads: "mediterranean" (Mediterranean),  
"Kräuter-Tomate" (herbs-tomato) and  
"Paprika-Nuss" (pepper-nut)

organic apple juice, organic cherry and  
organic lemonade in reusable 0.5l PET bottles

organic fruit yoghurt in 150g pots: peach  
mango, bilberry and strawberry

Bio-Frucht & Knusper (organic fruit & crunch)  
in 150g pots: raspberry and banana

as of April 2025